

Writing Core Competency Based Goals & Objectives

I can... (goal) by *doing*... (objective) by using... (strategy)

I can advocate for myself and my ideas by taking my turn in group discussion using a visual reminder.

Competency Area: Personal Awareness and Responsibility
Goal Area (facet): Self Determination

Goal: I can advocate for myself and my ideas	
Objective	Strategy
Take turns in group discussions	Visual reminder
Ask for help (a break etc.)	
Access technology supports	

Competency Area: Personal Awareness and Responsibility
Goal Area (facet): Self Regulation

Goal: I can take ownership over my learning/behaviour/	
Objective	Strategy
Stating learning intention	Group learning intention visual Adult check in
Following the group plan	Ready Do Done Visual schedule
Independently start classroom tasks that are at my ability level.	First then Look around the room
Work for 5 minutes on an independent task at my ability level without needing redirection from an adult.	Ready do Done Visual reminder on desk Positive reinforcement

Goal: I can use strategies that help me manage my feelings and emotions	
Objective	Strategy
Recognize when my body is too low energy/high energy.	Zones of Regulation
will use a self-regulation strategy to get myself in the green zone before beginning/returning to a task in the classroom	Break choice visual Daily check ins

Competency Area: Social Responsibility

Goal Area (facet): Building Relationships

Goal: I can be part of group/ I can develop/build peer relationships/

Objective	Strategy
Initiate a social interaction/conversation	
Accept an invitation into a group	

Goal: I can be kind to others and work and play cooperatively

Objective	Strategy
Have a positive experience at recess refraining from a physical altercation	Play plan Rehearsal prior to recess Supervision

Competency Area: Communication

Goal Area (facet): Acquire, interpret and present information

*Goal: "I can present information clearly in an organized way" is adjusted.

Goal: I can present information clearly when speaking.

Objective	Strategy
I can say sh, ch, j and I blend sounds clearly when speaking individual words	

Goal: I can clearly present information about a topic in writing.

Objective	Strategy
Write in complete sentences	
Correctly spell the 200 most commonly used words	
Increase ability to use Word software as a writing tool and demonstrate use of spell check, copy and paste and at least three formatting tools.	
I can improve my keyboarding skills	