MyEducation BC



Competency Based IEPs 2019/2020



MyEd BC Competency Based IEPs

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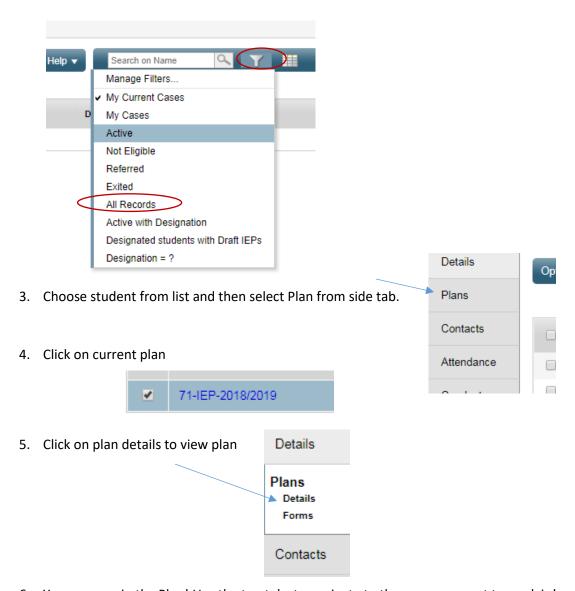
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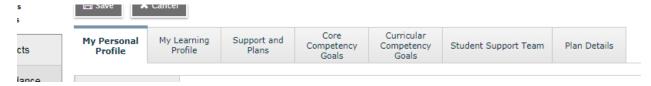
My Education BC- Beginning a Competency Based Plan

Open and login to MyEd

- 1. In Student Service View > School > Student Tab
- 2. You might need to select **All Records** under the Filter icon if you do not see student names in the list.



6. You are now in the Plan! Use the top tabs to navigate to the area you want to work in!



** NOTE: Baseline information and progress must be written within the objective area of plan.

Student Plans

The status of a student plan is determined by the start and end date of the plan.

- Active the current plan used day-to-day to support the student
- Draft a plan being prepared to support the student in the future
- Previous a plan used to support the student in the past

A Draft Plan is created for a student upon enrollment in Student Services. If the start date is a current or past date and the plan has been saved, the Plan will be Active.

Completing a Plan (You must be in Student Services View to work on a Plan)

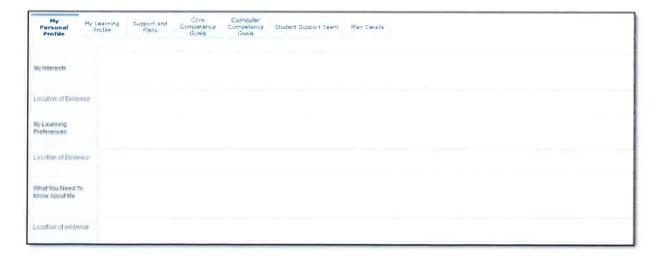
Student Services – District/School > Student > Plans > Details Student Services – District/School > Plan > Details

The Data Dictionary icon can be used to view Inclusive Education plans, as well as Competency Based plans.



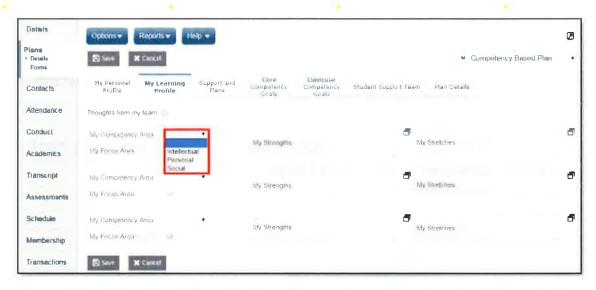
There are seven tabs in the Plan Details screen, as detailed in the following sections. All or a portion of the information can be completed as is appropriate for each student. Information can be added in any order, at any point in time.

1. Personal Profile Tab



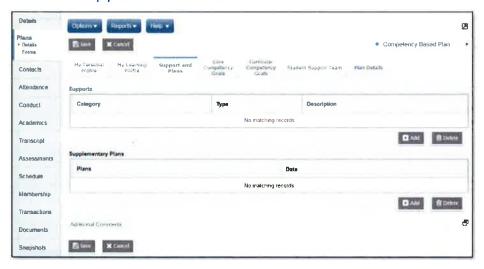
- Have the student describe himself/herself in these areas. If you are unable to obtain student input (orally, in writing, or through pictures as appropriate) you may refer to parent and teacher input.
- If there are videos, pictures, or media about the student please indicate where to access them and/or include a URL link.

2. My Learning Profile Tab



- Core competencies are sets of intellectual, personal, and social proficiencies that all students need to develop.
- Select which area each strength and stretches are for.
- "Thoughts from my team" checkbox is used to indicate that the Learning profile was completed by the team members rather than in the student's own voice.
- Check the "My Focus Area" to indicate the competency that the student focus is on.
 Students may need guidance with this, depending on their ability.

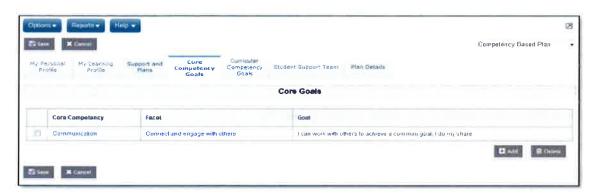
3. Support and Plans Tab



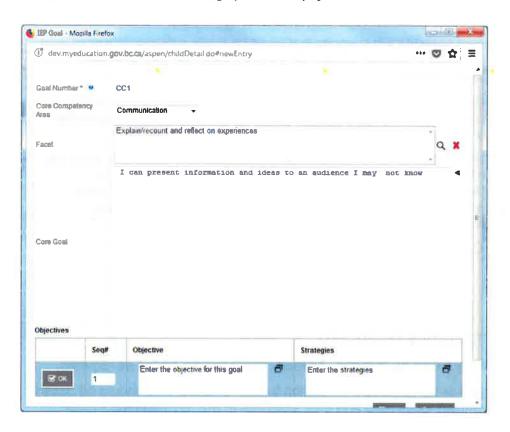
- Add Support category, type and description.
- Universal Classroom supports are supports that could be made available to any student to foster greater inclusion in the classroom. List supports here that are particularly helpful for this specific student.
- Essential Supports are identified through psycho-educational and/or medical testing and are necessary in order for the student to access the curriculum. They may require the use of technology or the direct involvement of specialist support staff.
- The Supplementary Plans are recorded here but are not attached. Optionally, enter the date that the plan was written. Refer to the student's confidential file to view the additional plans. Additional Supplementary Plan types can be added to the District reference table for Supplementary Plans by persons with District Support (Help Desk/Level 1) role.
- Enter Additional Comments as necessary.

4. Core Competency Goals Tab

- Add Core Competency Goals as required. As many goals can be added as required.
- You may select a goal or personalize it in relation to your student. This should be based
 on the student's identified focus area and their stretches in the "My Learning Profile"
 section.



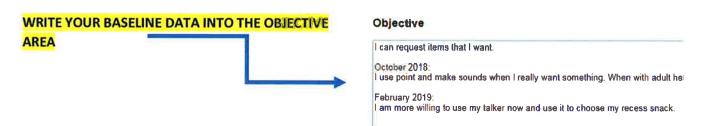
· Click the Add button and the following input screen displays:



- Goal Number Required Must be entered first Must be unique. For Core
 Competency goals preface the goal number with CC to differentiate between Curricular
 Competency goals. Eg. CC1.
- Core Competency Area Select from the list
- Facet Select any number of facets by using the Q
- Core Goal -- Use the

 to expand the Competency Area Bank. Add to or edit the Core
 Goal as required.

 will hide the selection screen.
- Objectives Create a student-specific measurable objective related to the goal. (eg. obtained through evidence, data collection, student reflection, observations, etc).
- Strategies Enter instructional resources, activities and staff that will aid the student in achieving the objective and explain how they will be used.



5. Curricular Competency Goals tab

- Big Ideas Use the

 to expand the Big Ideas Bank. Select the Area of Learning to
 filter the list. Select the Big Idea. Add to or edit the Big Ideas as required.

 will hide the selection screen.
- Curricular Goals These are the learning standards as identified in the BC Curriculum

The following screen displays:



Click the Add button and the following input screen displays:



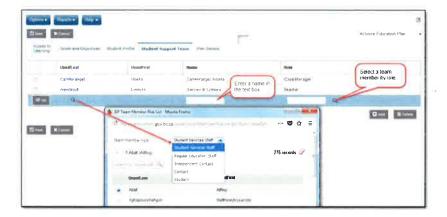
- Goal Number Required Must be unique. For Curricular Competency goals preface the goal number with CR to differentiate between Core Competency goals. Eg. CR1
- Person Responsible Enter the name of person responsible for this goal
- Area of Learning select from the list
- Core Goal -- Use the

 to expand the Learning Standard Bank. Add to or edit the Area
 of Learning as required.

 will hide the selection screen.
- Objectives Create a student-specific measurable objective related to the goal. (eg. obtained through evidence, data collection, student reflection, observations, etc).
- Strategies Enter instructional resources, activities and staff that will aid the student in achieving the objective and explain how they will be used.

6. Student Support Team tab

This allows individual team members to be added to the Plan, using the **Add** button at the bottom right, or removed using the **Delete** button. Names can be selected from the picklist or entered free form.



- UsualLast The picklist displays a popup
 - Team member type select the type from the dropdown list and select from the names displayed. Click OK.
- UsualFirst Displays for the person selected.
- Name Freeform text field for Name.
- Role Select a staff member by role. Populates for selected staff when the role is assigned in Staff Details, or can be entered freeform.

7. Plan Details Tab



Do NOT change start and end dates

This displays the basic information of every student plan. All fields other than the student name and plan status are editable.

My Education BC Competency Based Plans – Writing Goals and Objectives

Once you are in the plan area, use the top tabs to navigate to the area you want to work in. Curricular Competency My Personal Profile My Learning Profile Support and Student Support Team cts Goals Goals Choose Core Competency Goals. Click Add. + Add 4. Name your goal (i.e. CC 1). Choose the Core Competency area and then the facet (the area within the competency) Q using the search icon. Goal Number * . Core Competency Facet Goal Number * . 5. Write your goal. Core Competency Communication Агеа Or select from the drop down menu. Acquire interpret Facet and present information I can communicate my needs. Competency | Communication Show My Codes Facet All Core Goal on clearly and in an organized way unication Acquire, interpret, and present info I can present information and ideas to an audiance I may not know Communication Acquire, interpret, and present information ☑ ок **X** Cance Do NOT ever leave your working pane without clicking Ok!!

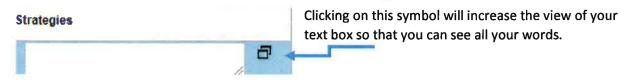
🖺 Save

Save often!

7. Click Add to add an Objective. Number and then write your Objective. Remember to use student voice!



8. Input your strategies.



9. Write your base line information in the Objective area. This is also, where you will report progress.

Objective

I can request items that I want.

October 2018:
I use point and make sounds when I really want something. When with adult he February 2019:
I am more willing to use my talker now and use it to choose my recess snack.

If you have left your work and want to re-visit/complete the goal at another time, you must click on the goal ID (or number) to open it.



^{**} NOTE: Baseline information and progress must be written within the objective area of plan.

Writing Core Competency Based Goals & Objectives

I can... (goal) by doing... (objective) by using... (strategy)

I can advocate for myself and my ideas by taking my turn in group discussion using a visual reminder.

Competency Area: Personal Awareness and Responsibility
Goal Area (facet): Self Determination

Goal: I can advocate for myself and my ideas	
Objective	Strategy
Take turns in group discussions	Visual reminder
Ask for help (a break etc.)	
Access technology supports	

Competency Area: Personal Awareness and Responsibility
Goal Area (facet): Self Regulation

Goal: I can take ownership over my learning/behaviour/	
Objective	Strategy
Stating learning intention	Group learning intention visual
	Adult check in
Following the group plan	Ready Do Done
	Visual schedule
Independently start classroom tasks that are	First then
at my ability level.	Look around the room
Work for 5 minutes on an independent task at	Ready do Done
my ability level without needing redirection	Visual reminder on desk
from an adult.	Positive reinforcement

Goal: I can use strategies that help me manage my feelings and emotions	
Objective	Strategy
Recognize when my body is too low	Zones of Regulation
energy/high energy.	
will use a self-regulation strategy to get	Break choice visual
myself in the green zone before	Daily check ins
beginning/returning to a task in the classroom	

Competency Area: Social Responsibility	
Goal Area (facet): Building Relationships	

Goal: I can be part of group/ I can develop/build peer relationships/	
Objective	Strategy
Initiate a social interaction/conversation	
Accept an invitation into a group	

Goal: I can be kind to others and work and play cooperatively	
Objective	Strategy
Have a positive experience at recess	Play plan
refraining from a physical altercation	Rehearsal prior to recess
	Supervision

Competency Area: Communication	
Goal Area (facet): Acquire, interpret and present information	

*Goal: "I can present information clearly in an organized way" is adjusted.

Goal: I can present information clearly when speaking.	
Objective	Strategy
I can say sh, ch, j and I blend sounds clearly when speaking individual words	

Goal: I can clearly present information about a topic in writing.	
Objective	Strategy
Write in complete sentences	
Correctly spell the 200 most commonly used words	
Increase ability to use Word software as a writing tool and demonstrate use of spell check, copy and paste and at least three formatting tools.	
I can improve my keyboarding skills	

Writing Curricular Competency Based Goals & Objectives

Curricular competency IEP goals are in addition to core competency goals and are not for all students.

Supplemental	Replacement
Goals in addition to the grade level	Goals that are <i>instead of</i> grade level
curriculum	curriculum
Students DO NOT have a cognitive	Students DO have a cognitive disability
disability	
e.g. A reading fluency goal in addition to	e.g. Developmentally appropriate literacy
the Language Arts curriculum	goal in place of Language Arts curriculum

Common (useful) English Language Arts Big Ideas:

Playing with language helps us discover how language works

Stories and other texts can be shared through pictures and words

Stories and other texts connect us to ourselves, our families, and our communities

Common (useful) English Language Arts Learning Standards:

Communicate using sentences and most conventions of Canadian spelling, grammar, and punctuation.

Use developmentally appropriate reading, (listening, and viewing) strategies to make meaning.

Use foundational concepts of print, oral, and visual texts

Read fluently at grade level.

Example:

Area of Learning English Language Arts	
Big Idea: Stories and other texts can be shared through pictures and words	
Learning Standard (Goal)	
Communicate using sentences and most conventions of Canadian spelling, grammar, and	
punctuation	
Objective	Strategy
Write in complete sentences	Small group instruction
Correctly spell the 200 most commonly used	Word list
words	Phoneme instruction
Increase ability to use Word software as a	Daily practice
writing tool and demonstrate use of spell	Journal writing
check, copy and paste and at least three	Small group tutorial
formatting tools.	
Write in a journal using a mixture of invented	
and traditional spelling at least once a week.	

Common (useful) Mathematics Big Ideas:

Development of computational fluency in addition and subtraction with numbers to 100 requires an understanding of place value

Numbers to 100 represent quantities that can be decomposed into 10s and 1s

Development of computational fluency in addition, subtraction, multiplication, and division of whole numbers requires flexible decomposing and composing

Common (useful) Mathematics Learning Standards:

Develop mental math strategies and abilities to make sense of quantities

Estimate reasonably

Area of Learning: Mathematics

Develop and use multiple strategies to engage in problem solving

Connect mathematical concepts to each other and to other areas and personal interests

Develop, demonstrate, and apply mathematical understanding through play, inquiry, and problem solving

Example:

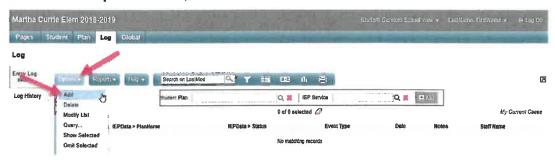
Area of Learning: Mathematics	
Big Idea: Development of computational fluency in addition and subtraction with numbers to	
100 requires an understanding of place value	
Learning Standard (Goal)	
Develop mental math strategies and abilities to make sense of quantities	
Objective	Strategy
Add, subtract and multiply up to two-digit	Base 10 blocks
numbers	Small group instruction
Explain and use mental math strategies to	Grid paper
compute simple addition, subtraction,	Math maintenance and practice
multiplication and division facts	Small group instruction

Area of Learning. Wathernatics		
Big Idea: Connect mathematical concepts to	o each other and to other areas and	
personal interests		
Learning Standard (Goal)		
Develop, demonstrate, and apply mathematical understanding of time.		
	-	
Objective	Strategy	
Demonstrate understanding of time	Clock or calendar	
management by telling time to five-minute		
intervals and determining how much time will		
lapse before an event occurs		

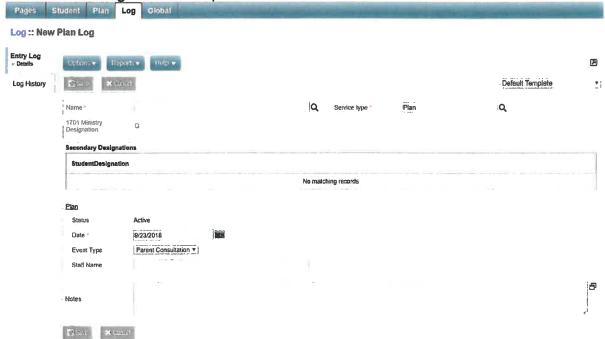
Parent/Guardian Consultation

Parent/Guardian Consultation needs to be recorded on the **Log** top tab in order to populate the Parent/Guardian Consultation Date on the printed IEP report.

- 1. Click on the Log top tab > Entry Log side tab
- 2. From the Options menu, select Add



3. The New Plan Log window will open:



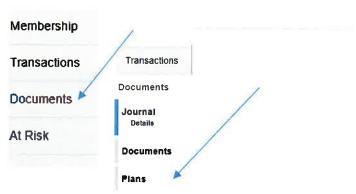
- Name select the student using the magnifying glass
- Service type required field. Use the magnifying glass to select 'Plan'
- Date enter the Parent/Guardian Consultation Date
- Event type select Parent Consultation from the pick list
- Staff Name enter your first and last name
- 4. Click SAVE
- 5. This log entry will populate the Parent/Guardian Consultation **Date** field on the printed IEP Report

My Ed BC - Printing the IEP

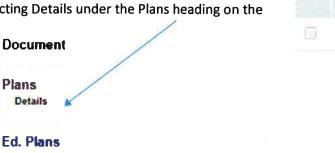
 When viewing student list, select filter and then select "Active with designations" This will show all students who are designated in your class.

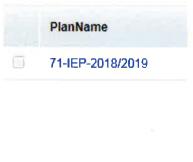


- 2. Click on student name.
- 3. Choose documents from the side tab.
- 4. Choose Plans.



5. You will see the IEP and can view it by clicking on the plan name or by selecting Details under the Plans heading on the side tab.

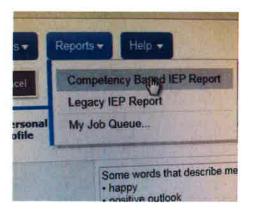




6. Once you are in the details of the plan with top tabs showing, you can run the report.



7. You can print or view the completed IEP from this report.

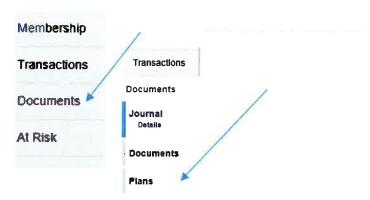


My Ed BC - Viewing the IEP Details

 When viewing student list, select filter and then select "Active with designations" This will show all students who are designated in your class.



- 2. Click on student name.
- 3. Choose documents from the side tab.
- 4. Choose Plans.

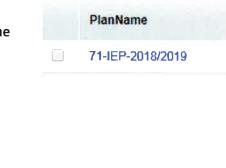


5. You will see the IEP and can view it by clicking on the plan name or by selecting Details under the Plans heading on the side tab.

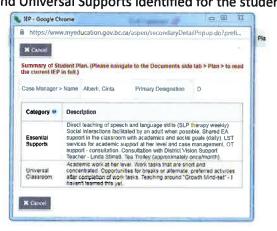
Document

Ed. Plans

Plans Details



Clicking on the IEP Icon will give you a pop up that gives you some instant information including the Essential and Universal Supports identified for the student.



Competency Based IEP - A Meeting Guide Student: _____ Date: _____ In attendance: Parent consulted _____ Thoughts from my team profile completed (Parent/Teacher) Student profile completed Student Profile Interests **Learning Preferences** Important to know **Learning Profile** Social Personal Intellectual (what I am able to do with others) (how I think) (what I am able to do on my own) Strengths Yes/No Yes/No Focus Yes/No Stretches Yes/No Yes/No Yes/No Focus

Supports	
Universal Supports (See attached checklist)	
Essential Supports	

Core Competency:	
Goal Area (Facet):	
Goal:	
Objective	Strategy
Core Competency:	
Goal Area (Facet):	
Goal:	
Objective	Strategy
,	57
Area of Learning	
Big Idea	
Learning Standard (Goal)	
Objective	Strategy
Area of Learning	
Area of Learning	
Big Idea	
Learning Standard (Goal)	
Objective	Stratogy
Objective	Strategy
	l I

Strength Based Student Profile

Name:	School:	Class:	Grade:
	Some words that	describe me are:	
This is a picture of me	Some things that	I am interested in are:	
The best ways for me to show wha	t I know are:		
·			
Some things that I need to you to k	now about me are	:	
Some things that I want to get bett	er at this year are:		

My Goal Areas	Strengths (What I am good at/ know a lot about)	Stretches (what I still need support with/ need to get better at)
Personal Goals (Things I can do on my own)		
Social Goals (Things I can do with other people)		
Intellectual Goals (Things I can learn and think about)		

My IEP- Learning Profile

My Focus Area This Year					
These learning domains can inform the IEP development in these core competency areas.	PS PS	Positive Personal +	Core	Communication Social responsibility	Creative thinking Critical thinking
		Personal		Social	Intellectual
		What I am able to do o	n my	What I am able to do with	How I think.
		own.		others.	
My Strengths					
(What I am already	good at/				
know a lot about)					
My Stretches					
(What I still need su	pport				
with/need to get bet	ter at)				
	_				
Student Name:				Date:	
Studelli Naille.				Date:	

Strength based student profile (edited), Dec. 2018

My IEP- Personal Profile

My Interacte (and words that describe ma)	
My Interests (and words that describe me):	
My Learning Preferences (and best ways to show what I know):	
The Learning Frences (and best ways to show what I know).	
What You Need to Know About Me:	

Universal Classroom Supports for Access

Universal Classroom Supports

These are supports that could be made available to any student to foster greater inclusion in the classroom.

Assessment / Response	Scheduling
Technology: *must specify (Text-to-speech, Speech-to-text)	Visual classroom schedule
Alternatives to print (audiobooks, movies, videos, digital media etc.)	Calendars with special events
Oral instructions / reader	Front-load schedule changes
Use simplified language /directions	Provide choice
Sound field system in the classroom	Allow breaks
Visual presentations of verbal material (word webs, visual organizers)	
High-contrast materials with minimal visual clutter	
Lesson outlines	
Alternate ways of responding (oral, dictation, scribe, written, drawing, word	
processor, media etc.)	
Separate settings	
Additional time	
Graphic organizers/Visual Supports	
Use of a spelling dictionary , etc.	
Use of a calculator , table of math facts, number line, manipulatives	
Alternatives to assessments / essays (demonstrations, conferences, projects	
etc.)	
Content/Process	Self-Management/Organization
Reduce workload (fewer questions, shorter assignments etc.)	Planner
Reduce complexity of content (more concrete, simplified vocabulary etc.)	Work organization system (Colour coded files, binder etc.)
Increase complexity/abstractness of content	Classroom visual supports
Allow self-selected content/opportunities to pursue individual interests	
Flexible pacing	
Alternatives to note-taking (scribe, audio recording, teacher notes provided,	
take a photo etc.)	
Environmental	Social-Emotional
Preferential / flexible seating	Calm space in the classroom
Special lighting or acoustics ,	Check-ins
Sound field system	CHECK III
Good sight lines and placement and illumination to facilitate communication	
for oral and visual language	
Sensory tools (fidget items, wiggle cushion, standing desks etc.)	
Ability to move around indoor and outdoor spaces easily to access materials	
Classroom zones/alternate work spaces	
classicom zones, alternate work spaces	
Instructional and Presentation	Timing
Text-to-speech and Speech-to-text	Additional time for tasks and assignments
Alternatives to print (audiobooks, movies, videos, digital media etc.)	Additional time to process oral information and directions
Oral instructions / reader	Use of a timer (visual, auditory) or countdown
Use simplified language /directions	, , , , , , , , , , , , , , , , , , , ,
Sound field system in the classroom	
Visual presentations of verbal material (word webs, visual organizers)	
High-contrast materials with minimal visual clutter	
High-contrast materials with minimal visual clutter Lesson outlines	
Lesson outlines	
Lesson outlines Alternatives to note-taking (scribe, audio recording, teacher notes provided,	
Lesson outlines Alternatives to note-taking (scribe, audio recording, teacher notes provided, take a photo etc.)	

Essential Supports for Access

Essential Supports:

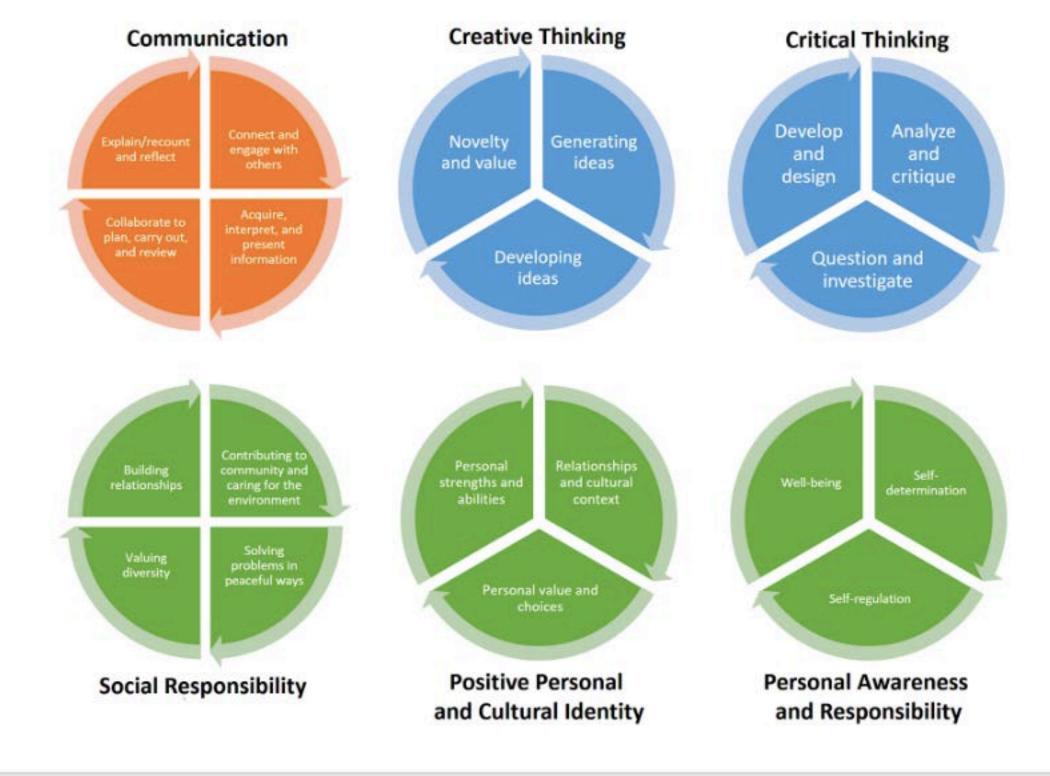
These are supports identified through psycho-educational and/or medical testing and are necessary in order for the student to access the curriculum.

Assessment / Response	Scheduling
Alternate formats (Braille, specialized assistive technology)	Personal visual schedule
Alternative and Augmentative Communication Device (Talking Board, PECS,	Work/Break schedule
Hip Talk, Big Mac, Step-by-Step, PODDS, Touch Chat, Proloquo2go, Lamp	Scheduled sensory/movement breaks
Words for Life, Let me Talk, Eye Gaze etc.)	Choice zone
Signing	
Assessment over several timed sessions	
Hand held microphone for RMT (Remote Microphone Technology)	
Content/Process	Self-Management/Organization
Acceleration	Work organization system (basket system)
Interactions with peers who have similar ability	Personalized Visual or tactile supports
	Learning Contract
	Personal communication intent dictionary
Environmental	Social-Emotional
Orientation and Mobility Support (lift, walker, standing frame, cane, GPS etc.) Specialized Seating (Source of sound to stronger ear, individual wedges etc.) Alternative personal work space Specialized equipment (Slant board, switch interface, Powerlink, audio hub etc.)	Scheduled Check-ins
Instructional and Presentation	Timing
Designated reader or scribe	Personal countdown script/visual timer
Personal hearing aid(s)	Personal visual timer
Personal FM/RMT (Remote Microphone Technology) system	
ASL Interpreter	
Alternative formats (Braille, large print, auditory, specialized assistive	
technology)	
Low vision tools (monocular and magnifiers)	
Other	
Service dog	

Creating Competency-Based Goals from Domain Areas

Cheat Sheet

'A' Designation	'B' Designation	'C' Designation
Consider the following domains	Consider the following domains	Consider the following domains
(choose <u>at least</u> two):	(choose <u>at least</u> two):	(choose <u>at least</u> two):
Communication	Communication	Self-Determination/Independence
(C1, C2, C3, C4)	(C1, C2, C3, C4)	(PAR1, PAR2, PAR3)
Self-Determination , Self-Regulation	Social Interaction	Social Skills
(PAR1, PAR2)	(SR1, SR2, SR3, SR4)	(SR1, SR2, SR3, SR4)
Well-Being (feeding, dressing, toileting,	Orientation & Mobility Skills	Social/Emotional Functioning
mobility, personal hygiene)	(PAR1, PAR2, PAR3)	(PC2, PC3)
(PAR3)	May include additional	May include additional
Social Interaction	Visual & Auditory Skills	Cognitive Functioning
(SR1, SR4)	(PCI3)	(CRIT1)
May include additional	Independent Living Skills	Independent Living/Life Skills
Motor Development (mobility support,	(PAR3) Academic Skills	(PCI3) Communication
OT/PT)		
(PCI3) Functional and/or Academic Skills	(Curricular Competency) Specialized Skills in Reading/Math	(C1, C2, C3, C4) Fine & Gross Motor Development
(C2)	(Curricular Competency)	(Curricular Competency)
(C2)	Access to Technologies	Academics/Functional Academics
	(Curricular Competency)	(Curricular Competency)
	Study Skills & Other Strategies	(curricular competency)
	(Curricular Competency)	
'D' Designation	'E' Designation	'F' Designation
Consider the following domains	Consider the following domains	Consider the following domains
(choose at least two):	(choose at least two):	(choose at least two):
Physical Functioning (health & safety)	Orientation & Mobility	Language/Auditory Development
(PAR3)	(PAR1, PAR2, PAR3)	(C1, C2, C3, C4)
Communication	Visual Skills	Communication (signing, speech)
(C1, C2, C3, C4)	(PCI3)	(C1, C2, C3, C4)
Social/Emotional Functioning	Specialized Skills in Reading/Math	Social Interaction
(SR1, SR2, SR3, SR4)	(PAR1, SR2)	(SR2, SR4)
May include additional	May include additional	May include additional
Self-Determination/Independence	Access to Technologies	Vocational Planning/Skill Development
(PAR1)	(CRE1, CRE2, CRE3, CRIT1, CRIT2,	(Curricular Competency)
Academic / Intellectual Functioning	CRIT3)	Study Skills & Other Strategies
(Curricular Competency)	Daily Living Skills	(Curricular Competency)
, , , , , , , , , , , , , , , , , , , ,	(PAR1, PAR2, PAR3)	Academic Skills
	Vocational Planning/Skill Development	(Curricular Competency)
	(Curricular Competency)	
	Study Skills & Other Strategies	
	(Curricular Competency)	
'G' Designation	'H' Designation	'K' Designation
Consider the following domains	Consider the following domains	Consider the following domains
(choose <u>at least</u> two):	(choose <u>at least</u> two):	(choose <u>at least</u> two):
Social Interaction	Social/Emotional Functioning	Communication
(SR4, SR2, C1, PR3)	(PC2, PC3)	
	, , ,	(C1, C2, C3, C4)
Communication	Communication	Social Interaction
(C1, C2, C3, C4)	Communication (C1, C2, C3, C4)	Social Interaction (SR1, SR2, SR3, SR4)
(C1, C2, C3, C4) Behaviour/Emotional Functioning	Communication (C1, C2, C3, C4) Behaviour Skill Development	Social Interaction (SR1, SR2, SR3, SR4) Behaviour/Emotional Development
(C1, C2, C3, C4) Behaviour/Emotional Functioning (SR1, SR2, SR3, SR4)	Communication (C1, C2, C3, C4) Behaviour Skill Development (PAR2, SR2, SR4)	Social Interaction (SR1, SR2, SR3, SR4) Behaviour/Emotional Development (PAR1, PAR2, PAR3)
(C1, C2, C3, C4) Behaviour/Emotional Functioning (SR1, SR2, SR3, SR4) May include additional	Communication (C1, C2, C3, C4) Behaviour Skill Development (PAR2, SR2, SR4) May include additional	Social Interaction (SR1, SR2, SR3, SR4) Behaviour/Emotional Development (PAR1, PAR2, PAR3) May include additional
(C1, C2, C3, C4) Behaviour/Emotional Functioning (SR1, SR2, SR3, SR4) May include additional Self-Determination & Independent Living	Communication (C1, C2, C3, C4) Behaviour Skill Development (PAR2, SR2, SR4) May include additional Self-Determination/Independence	Social Interaction (SR1, SR2, SR3, SR4) Behaviour/Emotional Development (PAR1, PAR2, PAR3) May include additional Independent Living Skills
(C1, C2, C3, C4) Behaviour/Emotional Functioning (SR1, SR2, SR3, SR4) May include additional Self-Determination & Independent Living (PAR1, PAR2, PAR3)	Communication (C1, C2, C3, C4) Behaviour Skill Development (PAR2, SR2, SR4) May include additional Self-Determination/Independence (PAR1, PCI2, PCI3)	Social Interaction (SR1, SR2, SR3, SR4) Behaviour/Emotional Development (PAR1, PAR2, PAR3) May include additional Independent Living Skills (PCI1 PCI2, PCI3)
(C1, C2, C3, C4) Behaviour/Emotional Functioning (SR1, SR2, SR3, SR4) May include additional Self-Determination & Independent Living (PAR1, PAR2, PAR3) Health Factors	Communication (C1, C2, C3, C4) Behaviour Skill Development (PAR2, SR2, SR4) May include additional Self-Determination/Independence (PAR1, PCI2, PCI3) Academic / Intellectual Functioning	Social Interaction (SR1, SR2, SR3, SR4) Behaviour/Emotional Development (PAR1, PAR2, PAR3) May include additional Independent Living Skills (PCI1 PCI2, PCI3) Functional and/or Academic Skills
(C1, C2, C3, C4) Behaviour/Emotional Functioning (SR1, SR2, SR3, SR4) May include additional Self-Determination & Independent Living (PAR1, PAR2, PAR3) Health Factors (PAR3)	Communication (C1, C2, C3, C4) Behaviour Skill Development (PAR2, SR2, SR4) May include additional Self-Determination/Independence (PAR1, PCI2, PCI3)	Social Interaction (SR1, SR2, SR3, SR4) Behaviour/Emotional Development (PAR1, PAR2, PAR3) May include additional Independent Living Skills (PCI1 PCI2, PCI3) Functional and/or Academic Skills (Curricular Competency)
(C1, C2, C3, C4) Behaviour/Emotional Functioning (SR1, SR2, SR3, SR4) May include additional Self-Determination & Independent Living (PAR1, PAR2, PAR3) Health Factors (PAR3) Academics / Functional Academics	Communication (C1, C2, C3, C4) Behaviour Skill Development (PAR2, SR2, SR4) May include additional Self-Determination/Independence (PAR1, PCI2, PCI3) Academic / Intellectual Functioning	Social Interaction (SR1, SR2, SR3, SR4) Behaviour/Emotional Development (PAR1, PAR2, PAR3) May include additional Independent Living Skills (PCI1 PCI2, PCI3) Functional and/or Academic Skills (Curricular Competency) Motor Development (Fine & Gross)
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(C1, C2, C3, C4) Behaviour/Emotional Functioning (SR1, SR2, SR3, SR4) May include additional Self-Determination & Independent Living (PAR1, PAR2, PAR3) Health Factors (PAR3) Academics / Functional Academics (Curricular Competency) 'P' Designation Consider the following domains	Communication (C1, C2, C3, C4) Behaviour Skill Development (PAR2, SR2, SR4) May include additional Self-Determination/Independence (PAR1, PCI2, PCI3) Academic / Intellectual Functioning (Curricular Competency) 'Q' Designation Consider the following domains	Social Interaction (SR1, SR2, SR3, SR4) Behaviour/Emotional Development (PAR1, PAR2, PAR3) May include additional Independent Living Skills (PCI1 PCI2, PCI3) Functional and/or Academic Skills (Curricular Competency) Motor Development (Fine & Gross) (Curricular Competency) 'R' Designation Consider the following domains
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(C1, C2, C3, C4) Behaviour/Emotional Functioning (SR1, SR2, SR3, SR4) May include additional Self-Determination & Independent Living (PAR1, PAR2, PAR3) Health Factors (PAR3) Academics / Functional Academics (Curricular Competency) 'P' Designation Consider the following domains (choose at least two): Social Interaction	Communication (C1, C2, C3, C4) Behaviour Skill Development (PAR2, SR2, SR4) May include additional Self-Determination/Independence (PAR1, PCI2, PCI3) Academic / Intellectual Functioning (Curricular Competency) 'Q' Designation Consider the following domains (choose at least two):	Social Interaction (SR1, SR2, SR3, SR4) Behaviour/Emotional Development (PAR1, PAR2, PAR3) May include additional Independent Living Skills (PCI1 PCI2, PCI3) Functional and/or Academic Skills (Curricular Competency) Motor Development (Fine & Gross) (Curricular Competency) 'R' Designation Consider the following domains (choose at least two):
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(C1, C2, C3, C4) Behaviour/Emotional Functioning (SR1, SR2, SR3, SR4) May include additional Self-Determination & Independent Living (PAR1, PAR2, PAR3) Health Factors (PAR3) Academics / Functional Academics (Curricular Competency) 'P' Designation Consider the following domains (choose at least two): Social Interaction (C1, C2, C3, C4, SR1, SR2, SR3, SR4) Differentiated Curriculum Opportunities	Communication (C1, C2, C3, C4) Behaviour Skill Development (PAR2, SR2, SR4) May include additional Self-Determination/Independence (PAR1, PCI2, PCI3) Academic / Intellectual Functioning (Curricular Competency) 'Q' Designation Consider the following domains (choose at least two): Academic Interventions & Remediation (Curricular Competency) Social/Emotional Development (SR1, SR2, SR3, SR4)	Social Interaction (SR1, SR2, SR3, SR4) Behaviour/Emotional Development (PAR1, PAR2, PAR3) May include additional Independent Living Skills (PCI1 PCI2, PCI3) Functional and/or Academic Skills (Curricular Competency) Motor Development (Fine & Gross) (Curricular Competency) 'R' Designation Consider the following domains (choose at least two): Social/Emotional Functioning (PC2, PC3) Communication (C1, C2, C3, C4)
(C1, C2, C3, C4) Behaviour/Emotional Functioning (SR1, SR2, SR3, SR4) May include additional Self-Determination & Independent Living (PAR1, PAR2, PAR3) Health Factors (PAR3) Academics / Functional Academics (Curricular Competency) 'P' Designation Consider the following domains (choose at least two): Social Interaction (C1, C2, C3, C4, SR1, SR2, SR3, SR4) Differentiated Curriculum Opportunities (CRE1, CRE2, CRE3, CRIT1, CRIT2,	Communication (C1, C2, C3, C4) Behaviour Skill Development (PAR2, SR2, SR4) May include additional Self-Determination/Independence (PAR1, PC12, PC13) Academic / Intellectual Functioning (Curricular Competency) 'Q' Designation Consider the following domains (choose at least two): Academic Interventions & Remediation (Curricular Competency) Social/Emotional Development (SR1, SR2, SR3, SR4) Cognitive Functioning	Social Interaction (SR1, SR2, SR3, SR4) Behaviour/Emotional Development (PAR1, PAR2, PAR3) May include additional Independent Living Skills (PCI1 PCI2, PCI3) Functional and/or Academic Skills (Curricular Competency) Motor Development (Fine & Gross) (Curricular Competency) "R' Designation Consider the following domains (choose at least two): Social/Emotional Functioning (PC2, PC3) Communication (C1, C2, C3, C4) Behaviour Skill Development
(C1, C2, C3, C4) Behaviour/Emotional Functioning (SR1, SR2, SR3, SR4) May include additional Self-Determination & Independent Living (PAR1, PAR2, PAR3) Health Factors (PAR3) Academics / Functional Academics (Curricular Competency) 'P' Designation Consider the following domains (choose at least two): Social Interaction (C1, C2, C3, C4, SR1, SR2, SR3, SR4) Differentiated Curriculum Opportunities (CRE1, CRE2, CRE3, CRIT1, CRIT2, CRIT3, Curricular Competency)	Communication (C1, C2, C3, C4) Behaviour Skill Development (PAR2, SR2, SR4) May include additional Self-Determination/Independence (PAR1, PCI2, PCI3) Academic / Intellectual Functioning (Curricular Competency) 'Q' Designation Consider the following domains (choose at least two): Academic Interventions & Remediation (Curricular Competency) Social/Emotional Development (SR1, SR2, SR3, SR4) Cognitive Functioning (CRIT1, CRIT2, CRIT3)	Social Interaction (SR1, SR2, SR3, SR4) Behaviour/Emotional Development (PAR1, PAR2, PAR3) May include additional Independent Living Skills (PCI1 PCI2, PCI3) Functional and/or Academic Skills (Curricular Competency) Motor Development (Fine & Gross) (Curricular Competency) 'R' Designation Consider the following domains (choose at least two): Social/Emotional Functioning (PC2, PC3) Communication (C1, C2, C3, C4) Behaviour Skill Development (PAR2, SR2, SR4)
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THINKING- ADAPTED VERSION PERSONAL AND SOCIAL- ADAPTED COMMUNICATION- ADAPTED **CREATIVE THINKING** CRITICAL THINKING PERSONAL & CULTURAL IDENTITY PERSONAL AWARENESS & RESPONSIBILITY SOCIAL RESPONSIBILITY **Key Concepts Key Concepts Key Concepts Key Concepts Key Concepts Key Concepts** Receptive and expressive language skills Generate new ideas Draw conclusions and make judgements Know about family, culture, and heritage Regulate emotions Positively contribute to one's family, school. Share thoughts, ideas, and learning Move from having ideas to making Perspective taking Have a positive personal identity Make healthy choices and community Get basic needs met ideas happen Respect others who are different Persevere when stuck Problem solve Create and maintain healthy relationships Work well with others on a common goal Get ideas from others Tell fact from opinion Make positive choices that help class, school Self-manage physical needs Use technology and digital media Use imagination during play and community **SR1** Contributing to Community & **CRIT1** Analyze and Critique **CRE1** Novelty and Value PAR1 Self-Determination C1 Connect and Engage with Others **Caring for the Environment** PCI1 Relationships & Cultural Contexts (to share & develop ideas Students tell what they like and don't like and give a Students get new ideas that have value. Ideas Students are self-aware and are showing growth in reason why. They can judge and evaluate (ie good, Students develop awareness and take responsibility may be new to them, new to peers, new in context. confidence. They are able to identify needs and ask for Students begin to engage in informal and structured conversations Students understand that their culture background better, best). They can accept other's opinions. for their social, physical, and natural environments by or completely new. The ideas may be fun, solve help, when needed. (ethnicity, nationality, language, ability, sex/gender, age, where they listen, contribute, develop understanding and working independently and collaboratively for the problems, or as a form of self-expression. sexuality, religion, geographic area) contributes to who they relationships. > I can show or tell if I like something or not. > I can show when I am happy. benefit of others, communities and the environment. > I can ask for help when I need it. > I can tell why I like something or not. > I get ideas when I play. > With some support, I can be part of a group. > I can celebrate my efforts & accomplishments. > I can show or tell one other perspective. ➤ My ideas are fun & make me happy. > I ask and respond verbally or non-verbally (AAC, nod, smile, > I can say who is in my family. > I can participate in classroom activities. > I can make safe choices by myself. > I can get new ideas or build on other people's > I can reflect on and evaluate my thinking, products, thumbs up) to simple, direct questions. > I can know the names of all my classmates. > I contribute to group discussions. > I can follow routines and make safe transitions. and actions. > I show active body listening. > I am able to identify the different groups that I belong to. > I can identify how my actions can affect other people. > I generate new ideas as I pursue my interests. > I can set a learning goal to make tomorrow better. > I understand that learning sometimes takes more than > I can ask to for a partner or to join play. > I can tell you at least 5 characteristics about myself. > I can make by classroom, school, or community a one dav. > I can judge which of my ideas I like best. > I can tell someone my needs (washroom, break) verbally or non-> I understand that I will change as I get older better, safer place. verbally (AAC, PECS, gestures). C2 Acquire, Interpret, and Present Information PAR2 Self-Regulation (include inquiries) CRE2 Generating Ideas **SR2** Solving Problems in Peaceful **CRIT2** Question and Investigate Students take responsibility for their own choices and Students inquire into topics that interest them, and topics related to actions. They set goals, monitor progress, and PCI2 Personal Values & Choices Students may generate creative ideas as a result their school studies/life skills. Students identify and develop an appreciation of understand and regulate their emotions. They are aware of free play, engagement with someone else's Students can learn and engage in an inquiry type different perspectives. They use strategies to resolve that learning involves patience and time. They are able to Examples: "show & tell", read/share with partners, etc. ideas, a naturally occurring problem or constraints Students can tell what they value. They understand that projects. They can ask and answer questions or understand how their actions affect themselves and or interest or passion. > I can listen to others tell me about their interests. what they value has been influenced by their life challenges related to their inquiry. > I can solve problems myself. > I can understand and share information about a topic that is experiences. They identify ways in which what they value > I get ideas when I play and explore. > I can use books, materials and technology to > I can stop and read the room before I enter > I can use my words when upset. important to me helps to shape their choices in all contexts of their lives. > I build on others' ideas and add new ideas of my answer who, what, when, where questions. > I can keep my hands and feet to myself when saying > I can use strategies and tools to help me manage my > I present, teach or show someone a book, video or website that I ➤ I can tell a classmate some of the information I > I can tell what is important to me. no, stop or I don't like that. feelings and emotions. like and tell them why I like it. ➤ I actively learn details about something I like (e.g. found. > I can explain the choices I make. > I can choose from two options to calm myself. > I can persevere with challenging tasks. by doing research, talking to others or practicing). > I can consider more than one way to proceed and > I can tell the difference between safe/unsafe. > I can wait my turn. > I can relax my mind when I need to appropriate/inappropriate, expected/unexpected > I can participate in classroom discussions. **SR3** Valuing Diversity ➤ I have interest and passions that I like to learn > I can tell fact from opinion. behaviours. > I can ask for breaks when I need them. > I understand classroom and community expectations. > I can adjust to changes in my routine. C3 Collaborate to Plan, Carry Out, and Review > I can maintain focus for up to 15 minutes Students value different viewpoints, help others, and **Constructions & Activities** tell the difference between helpful/unhelpful, safe/unsafe, expected/unexpected behaviour. PAR3 Well-Being Students work together to accomplish goals either face to face, or > With some direction, I can ask for a partner through media. PCI3 Personal Strengths & Abilities ➤ I can tell/show at least one classroom expectation CRE3 Developing Ideas Students who are personally aware and responsible for **CRIT3** Develop and Design > I can explain when something is unfair > I can work with others to achieve a common goal. mental, physical, emotional, social, cognitive, and > I can help someone else > I do my share. Students consider the audience when telling their Students acknowledge their strengths and abilities. They spiritual wellness, and take increasing responsibility for > I can accept another way of doing things > I can take on roles and responsibilities in a group. ideas. They can develop plans, monitor their After students get creative ideas, they evaluate explain how they are using their strengths and abilities in caring for themselves. They keep themselves healthy > I can retell key ideas & identify the ways we agree. progress, and change their procedures when needed them, decide which ones to develop, refine them, their families, their relationships, and their communities. and physically active, manage stress, and express a They can determine the extent to which they have work to realize them in some way. sense of personal well-being. > I can identify what I am good at. met their goals. > I can shift my thinking when needed. > I can say what I need to work on. > I can check my blood glucose monitor by myself. > I can problem solve with support. **SR4** Building Relationships > I can try different ways of doing things. > I can describe/express my thoughts and opinions. > I can say when I need to use the washroom/drink. > I try again if one idea didn't work. > I think about what my audience might what to hear C4 Explain/Recount and Reflect on Experiences > I can be a leader in my school, at home or in my > I can follow a washroom routine. Students develop and maintain diverse, and positive > I use my experiences to think of ideas. or learn about. community. > I can find my way around the school. & Accomplishments peer and intergenerational relationships in a variety of ➤ I can handle it when my ideas don't work. > I can tell why I did a good job. > I understand I will continue to learn new things that will > I can move in the hallway safely. contexts. > I can tell the next step I have to take. Students tell about their experiences – share what they learned. help me. > I can make choices that are safe when playing in the > I can make choices that will help me. > I can be part of a group. playground. > I am kind to others. > I give, receive, and act on feedback. > I know what to do when the fire alarm rings. > I can recount simple experiences and activities and tell something I > I can identify when other' need support & provide it. > I chew and swallow my food slowly. learned > I can take a deep breath and choose a break when I feel > I am aware of how others may feel. > I can represent my learning and tell how it connects to my > I have at least one friend. stressed. experiences and efforts verbally, in a drawing or a paragraph.

THINKING

The set of abilities that students use to impart and exchange information, experiences, and ideas, to explore the world around them, and to understand and effectively engage in the use of digital media. Provides a bridge between students' learning, their personal and social identity and relationships, and the world in which they interact.

COMMUNICATION

1. Connect and Engage with Others (to share & develop ideas)

Students engage in informal and structured conversations where they listen, contribute, develop understanding and relationships, learn to consider diverse perspectives, and build consensus.

Examples: literature circles, book clubs, blogs, and small group discussions & decision making/informal debate

- > I ask and respond to simple, direct questions
- ➤ I am an active listener; I support and encourage the person speaking
- > I recognize that there are different points-of-view and I can disagree respectfully

2. Acquire, Interpret, and Present Information (include inquiries)

Students inquire into topics that interest them, and topics related to their school studies. They present for many purposes and audiences; their work often features media and technology.

Examples: "show & tell" explaining a concept, sharing a Power Point presentation about a research or inquiry topic. creating a video proposal

- > I can understand and share information about a topic that is important to me
- > I present information clearly & in an organized way
- > I can present information & ideas to an audience I may not know

3. Collaborate to Plan, Carry Out, and **Review Constructions & Activities**

Students work together to accomplish goals either face to face, or through media.

Examples: planning a construction, inquiry, or performance, solving a problem, conducting an inquiry, working together on a community project

- > I can work with others to achieve a common goal, I do mv share
- > I can take on roles and responsibilities in a group
- > I can summarize key ideas & identify the ways we agree (commonalities)

4. Explain/Recount and Reflect on **Experiences & Accomplishments**

Students tell about their experiences -especially their learning experiences - and reflect and share what they learned.

Examples: presentations of learning, self-assessment, and receiving/offering feedback

- > I give, receive, and act on feedback
- > I can recount simple experiences and activities and tell something I learned
- > I can represent my learning and tell how it connects to my experiences and efforts

CREATIVE THINKING

Involves the generation of new ideas and concepts that have value to the individual or others, and the development of these ideas and concepts from thought to reality. Creative thinking is deeply collaborative. New thoughts and concepts are built on combinations of existing thoughts and concepts. The ideas available as raw material for creative thinking depend on previous experiences and learning, as well as one's cultural legacy

1. Novelty and Value

Students get creative ideas that are both novel and have value. Ideas may be: new to that student or their peers; may be novel for their age group or larger community, may be new in a particular context or absolutely new. The idea/product may also have value in a variety of ways and contexts it may: be fun: provide a sense of accomplishment: solve a naturally occurring problem; be a form of self expression; provide a new perspective that influences how people think about something or the actions people take. An idea can have an impact of the individual student, classmate, larger group of peers, in one's community, or on a global level

- > I get ideas when I play. My ideas are fun & make me happy.
- > I can get new ideas or build on other people's ideas, to create new things within the constraints of a form, a problem, or materials.
- > I generate new ideas as I pursue my interests.
- > I get ideas that are new to my peers.
- > I can develop a body of creative work over time in an area I'm interested in or passionate about

2. Generating Ideas

Students may generate creative ideas as a result of free play, engagement with someone else's ideas, a naturally occurring problem or constraints or interest or passion. New ideas and inspirations can spontaneously arise from the unconscious mind, which is why student often report that their ideas just "pop" into their heads. However. students can also become aware of, and use, ways to help their unconscious minds generate ideas -giving their unconscious minds lots of ideas and information to combine and recombine at random (e.g. by learning about something of interest), providing the incubation time for the unconscious to work, and quieting the filters and censors in the conscious an subconscious minds that tend to prevent novel ideas and inspirations from rising to the conscious mind (e.g. by doing relaxing or automatic activities)

- > I get ideas when I uses my senses to explore.
- > I build on others' ideas and add new ideas of y own, or combine other people's ideas in new ways to create new things or solve straightforward problems
- > I deliberately learn a lot about something (e.g. by doing research, talking to others or practising) so that I am able to generate new ideas or ideas just pop into my head.
- > I have deliberate strategies for quieting my conscious mind (e.g. walking away for a while, doing something relaxing, being deliberately playful) so that I can be more creative.
- > I have interest and passions that I pursue over time

3. Developing Ideas

After students get creative ideas, they evaluate them, decide which ones to develop, refine them, work to realize them in some way. The process of developing ideas may require building the necessary skills, sustaining perseverance, and using failure productively over time. It may require generating additional creative ideas to get solutions to problems along the way.

- > I make my ideas work or I change what I am doing.
- > I can usually make my ideas work within the constraints of a given form, problem, and materials if I keep playing with them
- > I build the skills I need to make my ideas work, and usually succeed, even if it takes a few tries
- > I use my experiences with various steps and attempts to direct my future work
- > I can preserve over years if necessary to develop my ideas. I expect ambiguity, failure, and setbacks and use them to advance

Involves making judgments based on reasoning: students

consider options; analyze these using specific criteria; and draw conclusions and make judgments. It encompasses a set of abilities that students use to examine their own thinking, and that of others, about information that they receive through observation, experience, and various forms of communication.

CRITICAL THINKING

1. Analyze and Critique

Students learn to analyze and make judgments about a work, a position, a process, a performance, or another product or act. They consider purpose, focus on evidence, and use criteria (explicit or implicit) to draw conclusions and make defensible judgments or assessments. They consider a variety of perspectives. Some opportunities for analysis and critique are formal tasks; others are informal, ongoing activities (e.g. assessing a plan they are developing to solve a problem). Students often analyze and critique their own work as a key part of their learning.

- > I can show if I like something or not.
- > I can identify criteria that I can use to analyze evidence.
- ➤ I can analyze evidence from different perspectives.
- > I can reflect on and evaluate my thinking, products, and
- I can analyze my own assumptions and beliefs and consider views that do not fit with them.

2. Question and Investigate

Students learn to engage in an inquiry investigation where they identify and explore questions or challenges related to key issues or problematic situations in their studies, their lives, their communities, and the media. They develop and refine questions: create and carry out plans; gather, interpret, and synthesize information and evidence; and draw reasoned conclusions. Some critical thinking activities focus on part of the process, such as questioning, while others may involve a complex inquiry into a local or global issue.

- > I can explore materials and actions.
- > I can ask open-ended questions and gather information.
- > I can consider more than one way to proceed in an investigation.
- > I can evaluate the credibility of sources of information.
- > I can tell the difference between facts and interpretations, opinions, or judgments.

3. Develop and Design

Students apply critical thinking to create or transform products, methods, performances, and representations in response to problems, events, issues, and needs. They work with clear purpose and consider the potential users or audience of their work. They explore possibilities develop and refine plans, monitor their progress, and adjust their procedures in the light of criteria and feedback. They can determine the extent to which they have met their goals.

- > I can experiment with different ways of doing things
- > I can develop criteria for evaluating design options.
- > I can monitor my progress and adjust my actions to make sure I achieve what I want.
- > I can make choices that will help me created my intended impact on an audience or situation.

PERSONAL & CULTURAL IDENTITY

Involves the awareness, understanding, and appreciation of all the facets that contribute to a healthy sense of oneself. It includes awareness and understanding of one's family background, heritage(s), language(s), beliefs, and perspectives in a pluralistic society. Students who have a positive personal and cultural identity value their personal and cultural narratives, and understand how these shape their identity. Supported by a sense of self-worth, self-awareness, and positive identity, students become confident individuals who take satisfaction in who they are, and what they can do to contribute to their own well-being and to the well-being of their family, community, & society.

1. Relationships & Cultural Contexts

Students understand that their relationship and cultural contexts help to shape who the are ("Culture" meant in its broadest sense, including identifiers such as ethnicity, nationality, language, ability, sex/gender, age, geographic region, sexuality and religion) Students define themselves in terms of their relationship to others and their relationship to the world (people and place) around them.

- > I can describe my family and community.
- > I am able to identify the different groups that I belong
- > I understand that my identity is made up of many interconnected aspects (such as life experience. family history, heritage, peer groups)
- > I understand that learning is continuous and my concept of self identity will continue to evolve.

2. Personal Values & Choices

Students define what they value. They understand how what they value has been influenced by their life experiences. They identify ways in which what they value helps to shape their choices in all contexts of their lives.

- > I can tell what is important to me.
- > I can explain what my values are and how they affect choices I make.
- > I can tell how some important aspect of my life have influenced my values
- I understand how my values shape my choices.

explicitly consider these as assets that can help them in all aspects of their lives. Students understand that they are unique and are a part of larger communities. They explain how they are using their strengths and abilities in their families, their relationships, and their communities.

- and skills.
- as a leader in my community.
- and strengths to help me meet new challenges.

PERSONAL AWARENESS & RESPONSIBILITY Includes the skills, strategies, and dispositions that help

PERSONAL AND SOCIAL

students to stay healthy and active, set goals, monitor progress, regulate emotions, respect their own rights and the rights of others, manage stress, and persevere in difficult situations. Students who demonstrate personal awareness and responsibility demonstrate self-respect and express a sense of personal well-being.

1. Self-Determination

Students who are personally aware and responsible have a sense of personal efficacy and growing confidence in a variety of situations. They value themselves, their ideas, and their accomplishments. They are able to express their needs and seek help when they need it, to find purpose and motivation and act on it, and to advocate for themselves.

- > I can show a sense of accomplishment & joy
- > I can celebrate my efforts & accomplishments.
- > I can advocate for myself and my ideas
- > I can imagine and work toward change in myself and the world.
- > I take the initiative to inform myself about controversial issues

2. Self-Regulation

Students who are personally aware and responsible take responsibility for their own choices and actions. They set goals, monitor progress, and understand and regulate their emotions. They are aware that learning involves patience and time. They are able to persevere in difficult situations, and to understand how their actions affect themselves and others.

- > I can sometimes recognize emotions.
- ➤ I can use strategies that help me manage my feelings and emotions.
- > I can persevere with challenging tasks.
- > I can implement, monitor, and adjust a plan and assess the results
- > I can take ownership of my goals, learning, & behavior.

Students develop awareness and take responsibility for their social, physical, and natural environments by

1. Contributing to Community &

Caring for the Environment

SOCIAL RESPONSIBILITY

environment: to contribute positively to one's family, community.

society, and the environment; to resolve problems peacefully; to

empathize with others and appreciate their perspectives; and to

interdependence of people with each other and the natural

Involves the ability and disposition to consider the

create and maintain healthy relationships.

working independently and collaboratively for the benefit of others, communities and the environment. > With some support, I can be part of a group. > I can participate in classroom and group activities to

> I contribute to group activities that make my classroom,

improve the classroom, school, community, or natural

- school, community, or natural world a better place. > I can identify how my actions & the actions of others affect my community and the natural environment & can work to make positive change
- > I can analyze social or environmental issues from multiple perspectives. I can take thoughtful action to influence positive, sustainable change.

2. Solving Problems in Peaceful Ways

Students identify and develop an appreciation of different perspectives on issues; they generate, use, and evaluate strategies to resolve problems.

- > I can solve problems myself and can identify when to
- > I can identify problems and compare potential problemsolving strategies
- > I can clarify problems, consider alternatives, and evaluate strategies.
- > I can clarify problems or issues, generate multiple strategies, weigh consequences, compromise to meet the needs of others, and evaluate actions.

3. Valuing Diversity

Students value diversity, defend human rights, advocate for others, and act with a sense of ethics in interactions. including online.

- > With some direction. I can demonstrate respectful and inclusive behaviours.
- > I can explain when something is unfair.
- ➤ I can advocate for others
- > I take action to support diversity and defend human rights, and can identify how diversity is beneficial for my community, including online.

4. Building Relationships

Students develop and maintain diverse, and positive peer and intergenerational relationships in a variety of

- > With some support, I can be part of a group.
- > I am kind to others, can work or play. cooperatively, and can build relationships with people of my choosing.
- > I can identify when other need support & provide it.
- > I am aware of how others may feel and take steps to help them feel included.
- > I build and sustain positive relationships with diverse people, including people from different generations.

3. Personal Strengths & Abilities

Students acknowledge their strengths and abilities, and

- > I can identify my individual characteristics.
- > I can describe/express my attributes, characteristics,
- > I can reflect on my strengths and identify my potential
- > I understand I will continue to develop new abilities

3. Well-Being

Students who are personally aware and responsible recognize how their decisions and actions affect their mental, physical, emotional, social, cognitive, and spiritual wellness, and take increasing responsibility for caring for themselves. They keep themselves healthy and physically active, manage stress, and express a sense of personal well-being. They make choices that contribute to their safety in their communities, including online interactions. They recognize the importance of happiness, and having strategies that help them find peace in challenging situations.

- > I can participate in activities that support my sellbeing, and tell/show how they help me.
- > I can take some responsibility for my physical and emotional well-being.
- > I can make choices that benefit my well-being and keep me safe in my community, including my online interactions.
- > I can use strategies to find peace in stressful times.
- > I can sustain a healthy and balanced lifestyle