

## Healthy School Champions

*Who is the Healthy School Champion? Someone who is...*

- passionate about comprehensive school health
- a school leader for health initiatives
- in strong communication with the full school staff

*Champion's role:*

- disseminating information between the school and the district
- advocating for healthy schools' initiatives
- sharing of information between schools and across levels
- identifying links to the redesigned curriculum
- promoting professional development and sharing innovative practice

*It is...*

- Not health and safety
- Not coordinating all events, but communicating opportunities
- Not enforcing healthy school guidelines

*Time commitment:*

- updates to staff via staff meetings, emails, or department meetings (whatever communication avenues already exist)
- district meetings: once this year
- district meetings in future years: two after school meetings, and one half day with release time